

Freezer Meal Workshops

<p><u>Around The World</u> Bundle and Recipes Bundle price \$74 (includes shipping)</p> <p>Natural Grapeseed Oil Pacific Fusion Sauce Thai Sesame Sun Butter Sauce Garlic Galore Seasoning Sweet Onion Spread Fajita Blend Hearty Spaghetti Sauce Blend</p>	<p><u>Comfort Foods</u> Bundle and Recipes Bundle price \$73 (includes shipping)</p> <p>European Dipping Oil - Mediterranean Balsamic Garlic Grapeseed Oil Chipotle Lime Rub Italian Salad Dressing Blend Smoked Mozzarella & Tomato Blend Adobo Seasoning Blend Rancher Steak Rub</p>	<p><u>Crock Pot Meals</u> Bundle and Recipes Bundle price \$73 (includes shipping)</p> <p>Smoky Bacon-Flavored Grapeseed Oil Cajun Blend Chicken Bouillon Soup Base Hearty Spaghetti Blend Absolutely Onion Blend Italian Salad Dressing Blend Garlic Galore</p>	<p><u>Everyday Meals</u> Bundle and Recipes Bundle price \$73 (includes shipping)</p> <p>Roasted Garlic Grapeseed Oil Cajun Seasoning Fiesta Salsa Mix Chicken Bouillon Soup Base Hearty Spaghetti Blend Rancher Steak Rub Lemon Rosemary Blend</p>	<p><u>Figure Friendly</u> Bundle and Recipes Bundle price \$73 (includes shipping)</p> <p>Garlic Lover's Set (Roasted Garlic Grapeseed Oil, Garlic & Herb Blend, Scampi Blend) Lemon Rosemary Seasoning Natural GSO Large Taco Seasoning Opa! Greek Seasoning</p>
<p><u>Recipes</u></p> <ol style="list-style-type: none"> Bangkok Chicken Satay w/Thai Sesame Sun Butter Dipping Sauce Sesame Fusion Chicken Fajita Pulled Pork Italian Herb Crusted Pork Chops Hungarian Beef Goulash Asian Flank Steak Spicy Thai Sun Butter Chicken Zesty Citrus Chicken Crockpot Swiss Steak Spicy Green Chicken Burritos 	<p><u>Recipes</u></p> <ol style="list-style-type: none"> Honey Balsamic Chicken Italian "Medallions" (Chicken tenders) Italian Flank Steak Chipotle Lime Fajitas Slow Cooker Chipotle Lime Chicken Smoked Mozzarella Chicken with pasta Smoked Mozzarella & Tomato Meatloaf Adobo Grilled Chicken Spanish Style Garlic Shrimp Best Burgers EVER 	<p><u>Recipes</u></p> <ol style="list-style-type: none"> Black Bean Chorizo Soup Chicken and Vegetables in Wine Sauce Savory Cajun Chicken and Sausage Pork Roast with Apricot Glaze Zesty Ginger-Tomato Chicken Open Faced Steak Sandwiches with Ratatouille Hearty Chicken Parmesan Absolutely Onion Pot Roast Scrumptious Ham & Lentil Soup Mediterranean Chicken 	<p><u>Recipes</u></p> <ol style="list-style-type: none"> Easy Skillet Jambalaya Crockpot Chicken Quesadillas Perfect Roast Chicken Lemon Rosemary Pork Tenderloin Crock Pot Shredded Beef Burritos Lemon Rosemary Chicken w/ Bowtie Pasta Cajun Shrimp & Red Pepper Fettuccine Hearty Italian Meatloaf w/ Marinara Sauce Oven Roasted Salmon w/ Lemon Rosemary Southwestern Chicken Burgers 	<p><u>Recipes</u></p> <ol style="list-style-type: none"> Garlic & Herb Roasted Pork Chops Shrimp Scampi Italian Chicken Tenders Lemon Rosemary Crock-Pot Pork Opa! Greek Kabobs Zesty Lime Fajitas Greek Chicken Burgers Baked Chicken Scampi Herb Crusted Tilapia Easy Tacos

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<p><u>Get Your Grill On</u> Bundle and Recipes Bundle price \$73 (includes shipping)</p> <p>Hickory Smoked Grilling Grapeseed Oil European Dipping Oil – Garlic Herb Grilling Marinade Rodeo Rub Asian Ginger Plum Dressing Cactus Pete’s Agave BBQ Sauce Rancher Steak Rub</p>	<p><u>Savory Selections</u> Bundle and Recipes Bundle price \$70 (includes shipping)</p> <p>Asian Ginger Plum Dressing & Marinade Java Rub Red Bell Pepper & Garlic Blend Lemon Pepper Blend European Dipping Oil- Tuscan Leslie’s Chili Mix Onion & Chive Blend Texas Corn Bread</p>	<p><u>Simple Gourmet</u> Bundle and Recipes Bundle price \$77 (includes shipping)</p> <p>Roasted Garlic Grapeseed Oil Large Alfredo Extraordinaire Fra Diavolo Blend Jamaican Jerk Seasoning California Garlic Pepper Blend Absolutely Onion Blend</p>	<p><u>Veggie Medley</u> Bundle and Recipes Bundle price \$77 (includes shipping)</p> <p>Roasted Garlic Grapeseed Oil Cajun Seasoning Blend Garlic Galore Hearty Spaghetti Sauce Blend Basil Pesto Blend Fiesta Salsa Blend Asian Ginger Plum Dressing & Marinade</p>
<p><u>Recipes</u></p> <ol style="list-style-type: none"> Asian Ginger Beef Tips w/Spicy Slaw Herb Grilled Chicken & Fire Roasted Veggies Agave BBQ Country Ribs Cheddar & Garlic Turkey Burgers Savory Grilled Tilapia Rodeo Blue Cheese Burgers w/Grilled Onion Strings Herb Grilled Shrimp Skewers w/Angel Hair pasta Hickory Grilled Rodeo Chicken Rancher Grilled Steaks w/Blue Cheese “crowns” Grilled Asian Ginger Chicken Skewers 	<p><u>Recipes</u></p> <ol style="list-style-type: none"> Asian Java Pork Chops Ginger Pork Tenderloin Lemon Glazed Tenders Chicken Tuscan Luau Honey Dijon Chicken Red Bell Pepper Chicken with Couscous Steak Chili Asian Lettuce Wraps Cowboy Skillet Gourmet Java Burgers 	<p><u>Recipes</u></p> <ol style="list-style-type: none"> Chicken & Garlic Mushrooms w/ Alfredo Pasta FraDiavolo Fish & Sauteed Asparagus Jamaican Gumbo Chicken & Bell Pepper Tortellini FraDiavolo Jamaican Jerk Skewers Savory Burgers w/ Spicy Mayo Garlic Pepper & Parmesan Crusted Pork Chops Citrus & Sweet Onion Chicken w/ Spinach Salad Classic Chicken & Rice Bake Hearty Tortellini Lasagna 	<p><u>Recipes</u></p> <ol style="list-style-type: none"> Quinoa Stuffed Peppers Quick & Easy Vegetable Soup Zesty Citrus Shrimp/Fish Lettuce Wraps Sautéed Veggie Quesadillas Cajun Shrimp/Mushroom & Red Pepper Fettuccine Asian Ginger Plum Stir-Fry with Cashews Vegetable Jambalaya Hearty Lentil Spaghetti Meat-less Loaf Quinoa & Veggie One-pot

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